

HERCULEAN LAY FLAT HOME GYM



If you require further information on this product or it's availability, please contact us by using any of the details below

FRAME	38mm Square Tubular Steel Main Frame.
FRAME SUPPORT	Impact Absorbing Rubber Frame End Caps.
FRAME FINISH	Chip Resistant, Black Hammertone Epoxy Powder Coated.
SEATS AND BACKRESTS	Deep Padded Vinyl (Cloth Backed) Covered Seat and Backrest with Screen Printed V-fit Logo.
GRIPS AND ROLLERS	High Density Expanded Foam Grips and Leg Rollers.
RESISTANCE SYSTEM	"Double-up" Cable Operated System with 7 x 4.5kg Aggregate Filled Vinyl Shells.
MAXIMUM RESISTANCE	64kg RESISTANCE on the Bench Press.
EXERCISE STATIONS	Bench Press Chest Press Lat Pulldown (Front and Back) Pec Dec Leg Extension Back Leg Curls Upright Rows Crunches / Sit-ups
MAXIMUM IN-USE DIMENSIONS	L 220cm x W 86.5cm x H 194cm x Wt 84.3kg
PACKED DIMENSIONS	Box 1 - L 170cm x W 52cm x H 23cm x Wt 55kg. Box 2 - L 39cm x W 19cm x H 35cm x Wt 35kg.
MAXIMUM USER WEIGHT	125kg / 275lbs / 19.6 Stones
GUARANTEE PERIOD / SUITABILITY	12 Months Parts Supply - Domestic Use Only.