

HERCULEAN HEAVY DUTY WEIGHT TRAINING BENCH



If you require more information on products or availability, please contact using details below.

Frame	Combination 50mm & 38mm Square Tubular Steel Main Frame
Frame Support	Black Coloured Rubber / Plastic Frame End Caps
Frame Finish	Chip Resistant, Silver / Hammertone Epoxy Powder Coated
Seats and Backrest	Cloth Backed, Deep Padded Vinyl Covered Seat & Backrest with Screen Printed V-fit Logo
Backrest Incline Positions	Flat and Three Incline Angles
Grips and Rollers	Black Coloured Expanded Foam Grips and Leg Rollers
Resistance System	Free Weight System. (Weights NOT Included)
Maximum Weight Loadings	Barbell Stands 150kg. Squat Rack 100kg. Leg Extension 40kg and Pec Dec 35kg – TOTAL WEIGHT LOADING 250kg
Exercise Stations	Bench Press Leg Extension - Locking, 3 Position Height Adjustment Pec Dec - Removable Squat Rack (Adjustable Height Barbell Stands) - 4 Position Height Adjustment Crunches / Sit-ups
Assembled Dimensions	L 150cm x W 118cm x H 123cm x Wt 28.5kg
Packed Dimensions	L 108cm x W 46cm x H 150cm x Wt 31.5kg